



**COEDFFRANC  
PRIMARY**

Giving our children the roots to grow  
and the wings to fly

# Sun Protection Policy

Approved by Governors on: \_\_\_\_\_

Signed by: \_\_\_\_\_



## **Coedffranc Primary School Sun Protection Policy**

At Coedffranc Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

**EDUCATION** - these measures are in place from now on:

- All pupils will have one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term and before summer break.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

**PROTECTION** (this is an ongoing process)

**Shade:**

- When the sun is strong we will encourage pupils to sit/play in the shade where it is available.
- Younger pupils will have access to shaded areas in the yard using canopies for protection.
- Areas of shade will be pointed out to the pupils in the yards and encouraged to be made use of by all pupils.

**Timetabling:**

- In the summer months we will aim to schedule outside activities, school trips and PE lessons before 11am and after 3pm if appropriate. If this is unavoidable, we will ensure hats, clothing and sunscreen are all worn to prevent sunburn with adequate water available.

**Clothing:**

- When outside in sunny weather, parents are requested to provide children with hats that cover the ears, face and neck should they wish to.
- Parents will be encouraged to provide suitable sports clothing, for example changing from wearing vests to t-shirts as this covers the shoulders and neck more suitably.
- Staff will be encouraged to wear hats while on duty in the yard, should they wish to.

**Sunscreen:**

- Sunscreen use will be encouraged on days when the sun is strong during summer and should be applied before pupils come to school. During the days when the sun is strong, it can be re-applied at lunch breaks, prior to outdoor PE lessons and on outdoor based school trips. Extra sunscreen will not be made available generally in school in case children are allergic to the contents or ingredients change.
- We will send letters home asking for permission for pupils to apply their sunscreen on days when the sun is strong during the summer months.

- We cannot currently supply sunscreen to pupils on a daily basis because of cost. Children should be provided with at least a factor 15 sunscreen with their name on by their parents which they can apply themselves.
- Only pupils who have existing intimate care plans in school will be able to be assisted, with consent from parents, to apply their sunscreen.

This policy was developed with the help of staff, pupils and parents in July 2023. We will monitor our progress and review the policy every three years, next in Summer Term 2026.

T. Richards

July 2023



## Ysgol Gynradd Coedffranc Primary School

Acting Headteacher: Mr. T. Richards  
Deputy Head: Mrs. C. Roderick

***Giving our children the roots to grow and the wings to fly***

1<sup>st</sup> of July 2023

Dear Parent or Guardian,

Now the summer term has started, I wanted to write and tell you about our sun protection policy. We have developed this to ensure that we can all enjoy the sun safely this summer. The sun's rays are particularly strong over the summer and they can damage children's skin. This is why we have decided to:

- Provide a lesson each year learning about sun protection.
- Ensure adequate shade in the playground.
- Encourage pupils to wear hats and suitable t-shirts when outside.
- Encourage pupils to use at least SPF 15 sunscreen in summer months.

More details of these can be found in our sun protection policy which is available on our school website.

Your support is very important if our new policies are going to work. You can help by:

- Talking to your child about the importance of sun protection at home.
- Sending your child to school with a hat.
- Applying sun screen to your child before they come to school during days which the sun is stronger for all children.
- Returning the sunscreen permission slip at the bottom of annual consent form sent home if your child is within Reception to Year 6 for them to apply their own sunscreen.
- Provide sunscreen which is at least factor 15 in strength, labelled with your child's name for them to apply themselves in school your child is within Reception to Year 6. Nursery pupils will not need to bring sunscreen in due the shortness of the sessions.

Only pupils who have existing intimate care plans in school will be able to be assisted, with consent from parents, to apply their sunscreen. Thank you for your help and co-operation as always to keep our children safe.

Yours sincerely,

Acting Headteacher

## Questions and Answers

### **Why is sun protection important for children and young people?**

The number of cases of malignant melanoma, the most serious form of skin cancer is rising at an alarming rate. The good news is that the majority of these cases could be prevented. Most skin cancers are caused by too much ultraviolet (UV) radiation from the sun. If we protect ourselves from overexposure to the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

There are simple steps you can take to enjoy the sun safely cover up with clothing and a hat, spend time in the shade and apply at least SPF 15 sunscreen generously and regularly.

### **What about vitamin D?**

We all need some sun to make enough vitamin D. Enjoying the sun safely, while taking care not to burn, should help most people get a good balance without raising the risk of skin cancer. For more information on vitamin D, visit the SunSmart website:  
[www.sunsmart.org.uk](http://www.sunsmart.org.uk)

### **Why have a sun protection policy?**

Schools have a responsibility to ensure that pupils are protected from over-exposure to UV rays from the sun, and the National Institute for Clinical Excellence (NICE) guidelines for skin cancer prevention (2011) it or a specially tailored policy to ensure people activities such as sports days, outdoor PE lessons, outdoor excursions and water sports, where the potential for sunburn is higher. Although fair-skinned people have a higher risk of sun damage, sun protection is relevant to everyone.

Developing a sun protection policy is also an important step towards encouraging good health in line with national healthy schools programmes.